



服務範圍

SCOPE OF SERVICES

輔導服務

Counselling Service

社工以到戶模式為受情緒困擾的新傷殘人士及其照顧者提供輔導服務，個別有需要者經評估後可轉介接受臨床心理服務。

Social worker will pay home visits and provide counselling to persons with newly acquired disabilities and carers who are experiencing emotional distress. If necessary, case referrals to clinical psychologists will be made upon assessment.

家居訓練服務

Home RehabCare

由護士、物理治療師、職業治療師上門為新傷殘人士進行家居護理、復康訓練、日常生活功能訓練及評估，提升他們的自我照顧能力。

Nurse, Physiotherapist, Occupational therapist will design a Home RehabCare programmes on daily care, rehabilitative training, managing daily activities and assessment to enhance their self-care and functioning.

復康治療小組

Social Hub

透過小組活動協助新傷殘人士及其照顧者舒緩情緒壓力和照顧困擾，如學習日常護理和用藥知識、自我管理及情緒管理。

Group activities will be organized to help persons with newly acquired disabilities and carers relieve emotional distress and stress in facing the challenges, including living skills training, knowledge on medication, self-management and stress management.

照顧者支援及培訓

Carer Support and Training

為照顧者提供照顧技巧、家居訓練、日常護理訓練工作坊。

Training workshops will be provided for carers including caring skill, home exercise techniques and personal care skills.

網上支援

Digital Hub

專業團隊為完成家居訓練的新傷殘人士提供設計個人化的網上後續復康計劃，延續復康訓練。

Individualized and tailored-made online training will be provided after intensive training programme and group activities to optimize the training outcomes.

生命導師義工培訓

Life Coach Training

培訓走出困境的新傷殘人士成為「生命導師」義工，以生命影響生命的方式幫助其他同路人。

Provide training to persons with newly acquired disabilities who have successfully combat adversities as life coach, hoping to shared their experience on counterparts by peer support.

社區教育推廣

Community Education

為社區人士及機構提供照顧技巧、疾病預防知識及健康推廣講座。

Provide care skill training, disease prevention and health promotion workshops for the public.

主辦機構 Organised By



香港傷健協會
Hong Kong PHAB Association

賽馬會



新傷殘人士支援計劃

JOCKEY CLUB

SUPPORT PROGRAMME FOR PERSONS WITH NEWLY ACQUIRED DISABILITIES



捐助機構 Funded By



香港賽馬會慈善信託基金
The Hong Kong Jockey Club Charities Trust



服務宗旨 SERVICE OBJECTIVES

透過提供一系列的綜合服務，包括上門訓練、小組活動、網上學習及心理輔導服務，滿足居住在新傷殘人士及其照顧者的需要，提高自我管理和自我照顧能力，重投社區生活，促進家庭共融及提升生活質素。

Through providing a series of support services such as home-based training, group activities, online learning and counselling services, the care and rehabilitation needs for persons with newly acquired disabilities and their carers in the community will be met. It also aims to improve their self-care and self-management abilities, facilitate community reintegration, promote family harmony and improve their quality of life.



服務對象 TARGET GROUPS

- 25-59歲的新肢體傷殘人士
- 在過去一年因意外受傷、截肢、疾病(包括中風、退化性疾病、慢性疾病)引致永久或不少於6個月傷殘情況的人士
- 未有使用其他正規服務
- 在九龍及新界區居住的人士
- 新傷殘人士的照顧者
- Persons who are aged between 25-59 with newly acquired disabilities
- Persons with disabilities due to trauma and disease (e.g. stroke, degenerative diseases etc.) and the impairment is expected to be permanent or last for more than 6 months
- Not receiving other formal social services
- Live in the New Territories and Kowloon
- Carers of persons with newly acquired disabilities



申請手續 HOW TO APPLY

可經由醫務人員、社工、社福機構職員或自行申請
Application can be made through medical staff, social workers, non-governmental organizations or by direct application.

收費

費用全免 (額外復康器材除外)
Free of Charge (except rehabilitation equipment)



聯絡方法 CONTACT

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 FACEBOOK:

🔍 香港傷健協會-賽馬會「動·絡」新傷殘人士支援計劃

